



Roasted Rosemary Garlic Radishes

Ingredients

- 3 bunches radishes, washed and quartered
- 1 tablespoon olive oil or avocado oil
- 2 teaspoons fresh rosemary, chopped
- 1 clove garlic, minced
- 2 teaspoons lemon juice salt and pepper, to taste

Nutrition Facts

1 serving

Calories	40
Total Fat	2.5g
Saturated Fat	0g
Cholesterol	0mg
Sodium	90mg
Total Carbohydrates	4g
Dietary Fiber	2g
Sugar	2g
Protein	1g

Directions

Preheat oven to 350°F. In a large bowl, add radishes, olive oil, rosemary, garlic, salt, and pepper. Mix well to combine. Place on a baking sheet lined with parchment paper. Roast for 35 minutes, stirring halfway through. Upon removing radishes from the oven, toss with lemon juice. Enjoy!

Capital Blue Cross is an Independent Licensee of the Blue Cross Blue Shield Association, serving 21 counties in Central Pennsylvania and the Lehigh Valley.