

Honey Balsamic Vinaigrette



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Ingredients

- 1 oz. balsamic glaze
- 1 Tbsp. Dijon mustard
- 1 Tbsp. shallots, chopped
- 1/4 cup honey
- ¼ cup strawberries, sliced

- 1 each lemon zest and juice
- ½ tsp. white pepper, ground
- 1/2 Tbsp. poppyseeds
- 3 oz. olive oil

Directions

- **1.** Place all ingredients except olive oil into a food processor or blender.
- 2. Mix on high speed until everything is pureed smooth and mixed well.
- **3.** While blender is still running, slowly add olive oil to the mixture until all the oil is incorporated and blended well with no separation.



Nutritional facts per 1 serving (1 oz.):

Calories 110, Total Fat 9g (15%), Saturated Fat 1g (6%), Cholesterol 0mg (0%), Sodium 0mg (0%), Total Carbohydrate 8g (4%), Dietary Fiber less than 1g (4%), Total Sugars 6g, Protein 0g